

# Judo Victoria Incorporated

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# Secretary's Newsletter

## EDITORIAL

### Ho - Ho - Ho

erry Christmas and a Happy New Year ! As this will be the last newsletter for 1998 I am taking the opportunity to wish everyone the complements of the coming season (it also saves on Christmas cards). The next mailing will be in January and should contain AGM minutes, Committee minutes and information on training squads.

## TOURNAMENTS

### Successes

ongratulations to those Victorians who have taken part in major competitions recently. Australian teams took part in the Maruchan US International and the Rendezvous Montreal tournaments under the watchful eye of Arthur Moorshead recently with Australia gaining 4 bronze and one gold in the US. Successful Victorians were Rebecca Sullivan - bronze and Cathy Arlove - bronze and gold (open).

Several Victorians also took part in the recent Asia-Pacific Masters Games Judo tournament in both kata and shiai most, if not all, gaining medals.

### Melbourne 2002

K, you say, what's happening then ? Its the Melbourne 2002 World Masters Games and Judo Victoria Inc is working hard to have Judo included. Even the IJF is lending support to this one. The question is, how many veterans will we get to enter ? The competition at Masters Games is open, so association affiliation is not a problem, but we would like to see all of the 13% of our membership which is eligible, actually competing. There will be both kata and shiai sections, so start finding a judogi that still fits and start training now !

## INTERNATIONAL

### Wu Shu

BEIJING, Nov 3 (Reuters)

hina's ancient **\*\*martial art\*\*** of wushu is fighting its way into the Olympic arena by seeking official recognition for the popular sport, state media said.

The International Wushu Federation kicked off its Olympic bid on Monday with a formal application to the International Olympic Committee (IOC) to make wushu an Olympic event, the official Xinhua news agency said. IOC executive commissioner He Zhenliang said the application would be discussed during a committee meeting next month. Although the traditional art of wushu has been China's leading sport for centuries, He said it was unlikely that IOC recognition would automatically qualify it for Olympic competition. "It is easy to get recognised, but to join the Olympic Games is not so easy", He said. Wushu combines kung fu fighting techniques with gymnastic leaps and bounds. The sport made its international debut at the 11th Asian Games in Beijing in 1990. The IOC has approved 34 sports for Olympic competition. An additional 27 sports have been recognised but are not included in the games, Xinhua said. Wushu federation officials have been battling to raise the profile of the sport since the organisation was established in 1990. The sport was featured at China's national games last month in Shanghai, where wushu was the only non-Olympic discipline included in the competition. "Wushu's entry to the Olympics is an important goal," federation secretary general Li Jie told the Beijing Youth Daily. "But it's not the only one. Development of the sport is even more important."

## RULES CORNER

### Sutemi Counters

alcolm Slade has suggested that a "Rules Corner" form a permanent part of the Newsletter. This first one will be on Sutemi Counters.

Typical of this is the initiator attacks with morote-gari (two hand reap) and the reactor counters with tawara-gaeshi (rice-bale overturn) and much to his surprise loses the exchange. The key here is CONTROL. The reactor must take control COMPLETELY, before his back, hips, buttock, side, thigh or shoulder touches the mat. This can be a matter of milliseconds, but in the spirit of the rules, the initiator will be given the benefit of any doubt, as he is in edge situations. So, in these cases, the reactive player is taking a considerable risk of being scored against. It is safer to use a sprawl defence first or if you are too late a turnout. Countering with a front quarter nelson or better still uchi-mata is a much better bet. That is, block or dodge the attack and take control standing first. Better still, forestall the attack with your own positive attack.