



JUNIOR GRADE REQUIREMENTS – SUMMARY SHEET

- The following Table is derived from the JFA Inc. Junior Grading Policy and sets out the requirements that JVI coaches are expected to use when grading junior members. It shows the minimum age at which juniors can achieve each belt.
- Junior members are any registered members of a financial club that turn 16 or less in the current calendar year. Members turning 17 and above are subject to JFA Senior grading syllabus.
- Junior gradings can be performed by Senior club coaches or members with the minimum rank of Shodan provided that they abide by the policies and the syllabus outlined below.
- The grading system is competency based, and it is up to the club coach/examiner to assess the appropriate level for each student in the new system.
- The total grading requirements are shown in the table below.
- A cadet full colour belt is kept when a player becomes a senior. If the cadet is at a half/half belt they shift to the lower of the two colours when they become a senior. Eg Cadet Green-Blue becomes a senior Green.
- A player who starts at an older age may progress without going to each grading. Eg a 13 year old starting judo may skip the first two belts and go directly to yellow as their first grading followed by orange, green, blue, then blue-brown, blue-brown black tip or anywhere in between depending on development. This is up to the coach's discretion based on the individual's abilities.
- Under exceptional circumstances (Junior world championships representation & significant national contest record) a cadet may apply to the National Grades commission for promotion to Shodan however contest points will only be gained through Junior Men or Women's competition or senior competitions. Points towards Shodan are not gained through winning contests at the cadet level.
- The JFA Inc. Sporting Code establishes the following minimum grades to participate in **national level** competitions in the following junior categories:

Cadet Boys & Girls = Green belt

Junior Boys & Girls = Orange belt

Senior Boys & Girls = Orange belt

Mon Boys & Girls = Yellow belt

	Age	Belt Colour	Throws	Holdings	Belt Colour Black Tip	Throws	Holdings
Mons Boys & Girls	6	White-Yellow 	1	1	White-Yellow Tip 	2	2
	7	Yellow 	3	3	Yellow Tip 	4	4
	8	Yellow-Orange 	6	5	Yellow-Orange Tip 	8	6
Junior Boys & Girls	9	Orange 	10	7	Orange Tip 	12	8
	10	Orange-Green 	14	9	Orange-Green Tip 	16	10
	11	Green 	18	10	Green Tip 	20	10

***From here down, the 10 hold downs are included at each grade**

	Age	Belt Colour	Throws	Nage No Kata	Strangles	Belt Colour Black Tip	Throws	Nage No Kata	Strangles
Senior Boys & Girls	12	Green-Blue 	22		2	Green-Blue 	24		4
	13	Blue 	26	1 st set	6	Blue Tip 	28	1 st set	8
	14	Blue-Brown 	30	1 st & 2 nd	10	Blue-Brown Tip 	32	1 st & 2 nd set	12
Cadet Boys & Girls	15	Brown 	36	1 st , 2 nd & 3 rd set	Understanding of how to apply strangles & intro of ude garami and juji gatame				
	16					Brown Tip 	40	Tori demonstration of Nage no kata	Competent application of Strangles and arm locks

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