

Tournament: _____

Judge: _____ Pair No: _____

Uke: _____ Tori: _____

NAGE-NO-KATA

8 minutes:

		Small mistakes		Medium mistake	Big / wrong technique	Forgotten Technique (score /2)	SCORE	
		-1	-1	-3	-5	-10		/10
1	OPENING CEREMONY							
2	TE-WAZA	UKI OTOSHI						
3		SEOI NAGE						
4		KATA GURUMA						
5	KOSHI-WAZA	UKI GOSHI						
6		HARAI GOSHI						
7		TSURIKOMI GOSHI						
8	ASHI-WAZA	OKURI ASHI BARAI						
9		SASAE TSURIKOMI ASHI						
10		UCHIMATA						
11	MA-SUTEMI-WAZA	TOMOE NAGE						
12		URA NAGE						
13		SUMI GAESHI						
14	YOKO-SUTEMI-WAZA	YOKOGAKE						
15		YOKO GURUMA						
16		UKI WAZA						
17	CLOSING CEREMONY							
CHECK VALUES AND TOTAL		/170						

1-2, Poor; 3-4, Nearly correct; 5-6, Correct; 7-8, Good; 9-10, Excellent

Tournament: _____

Judge: _____ Pair No: _____

Uke: _____ Tori: _____

KATAME-NO-KATA

		Small mistakes		Medium mistake	Big / wrong technique	Forgotten Technique (score /2)	SCORE
		-1	-1	-3	-5	-10	/10
11 minutes:							
1		OPENING CEREMONY					
2	OSAE-WAZA	KESA GATAME					
3		KATA GATAME					
4		KAMI SHIHO GATAME					
5		YOKO SHIHO GATAME					
6		KUZURE KAMI SHIHO GATAME					
7	SHIME-WAZA	KATA JUJI JIME					
8		HADAKA JIME					
9		OKURI ERI JIME					
10		KATA HA JIME					
11		GYAKU JUJI JIME					
12	KANSETSU-WAZA	UDE GARAMI					
13		UDEHISHIGI JUJI GATAME					
14		UDEHISHIGI UDE GATAME					
15		UDEHISHIGI HIZA GATAME					
16		ASHI GARAMI					
17		CLOSING CEREMONY					
CHECK VALUES AND TOTAL		/170					

1-2, Poor; 3-4, Nearly correct; 5-6, Correct; 7-8, Good; 9-10, Excellent

Tournament: _____

Judge: _____ Pair No: _____

Tori: _____ Uke: _____

JU-NO-KATA

		7 minutes:					SCORE	
		Small mistakes	Medium mistake	Big / wrong technique	Forgotten Technique (score /2)	/10		
		-1	-1	-3	-5	-10		
1	OPENING CEREMONY							
2	IKKYO	TSUKI DASHI						
3		KATA OSHI						
4		RYOTE DORI						
5		KATA MAWASHI						
6		AGO OSHI						
7	NIKYO	KIRI OROSHI						
8		RYOKATA OSHI						
9		NANAME UCHI						
10		KATATE DORI						
11		KATATE AGE						
12	SANKYO	OBI TORI						
13		MUNE OSHI						
14		TSUKI AGE						
15		UCHI OROSHI						
16		RYOGAN TSUKI						
17	CLOSING CEREMONY							
CHECK VALUES AND TOTAL		/170						

1-2, Poor; 3-4, Nearly correct; 5-6, Correct; 7-8, Good; 9-10, Excellent

Tournament: _____

Judge: _____ Pair No: _____

Uke: _____ Tori: _____

KIME-NO-KATA

			Small mistakes		Medium mistake	Big / wrong technique	Forgotten Technique (score /2)	SCORE
			-1	-1	-3	-5	-10	
11 minutes:								/10
1	OPENING CEREMONY							
2	IDORI	UNARMED	RYOTE DORI					
3			TSUKKAKE					
4			SURI AGE					
5			YOKO UCHI					
6			USHIRO DORI					
7			ARMED	TSUKKOMI				
8	KIRI KOMI							
9	YOKO TSUKI							
10	TACHI-AI	UNARMED	RYOTE DORI					
11			SODE DORI					
12			TSUKKAKE					
13			TSUKI AGE					
14			SURI AGE					
15			YOKO UCHI					
16			KE AGE					
17		USHIRO DORI						
18		ARMED	TSUKKOMI					
19			KIRI KOMI					
20	NUKI GAKE							
21	KIRI OROSHI							
22	CLOSING CEREMONY							
CHECK VALUES AND TOTAL /220								

1-2, Poor; 3-4, Nearly correct; 5-6, Correct; 7-8, Good; 9-10, Excellent

Tournament: _____

Judge: _____ Pair No: _____

Tori: _____ Uke: _____

KODOKAN GOSHINJUTSU

8 minutes:		Small mistakes		Medium mistake	Big / wrong technique	Forgotten Technique (score /2)	SCORE /10
		-1	-1	-3	-5	-10	
1		T – U		OPENING CEREMONY			
2	UNARMED, CLOSE	T>	<U	RYOTE DORI			
3		U>	<T	HIDARI ERI DORI			
4		T>	<U	MIGI ERI DORI			
5		<T	<U	KATA UDE DORI			
6		U>	T>	USHIRO ERI DORI			
7		<T	<U	USHIRO JIME			
8		U>	T>	KAKAE DORI			
9		UNARMED, FAR	T>	<U	NANAME UCHI		
10	U>		<T	AGO TSUKI			
11	T>		<U	GANMEN TSUKI			
12	U>		<T	MAE GERI			
13	T>		<U	YOKO GERI			
14	KNIFE	T>	<U	TSUKKAKE			
15		U>	<T	CHOKU TSUKI			
16		T>	<U	NANAME TSUKI			
17	STICK	T>	<U	FURI AGE			
18		U>	<T	FURI OROSHI			
19		T>	<U	MOROTE TSUKI			
20	GUN	T>	<U	SHOMEN TSUKE			
21		U>	<T	KOSHI GAMAE			
22		U>	T>	HAIMEN TSUKE			
23		T – U		CLOSING CEREMONY			
CHECK VALUES AND TOTAL		/230					

1-2, Poor; 3-4, Nearly correct; 5-6, Correct; 7-8, Good; 9-10, Excellent