

SPECIAL POINTS OF INTEREST:

- Presidents Report
- Golden Opportunity Ball
- Athlete Profile
- State team news

KEY DATES

October 5th –12th
Australian Masters
Games

October 6th
JVI Tournament
Geelong

JVI AGM
October 20th

For more details
about these events
see website

President's Report Neville Sharpe

The Stars were out at the Southern Cross !

Bob Todd Funeral

Our committee and Victorian Judo community is still in mourning over the passing of our Past President, current Vice President and Life Member Robert (Bob) Todd, 7th Dan.

A minutes silence was held at the beginning of the Southern Cross International Open. Bob's funeral was attended by a "Who's Who" of Victorian and Australian judo, too many to mention. It was a tribute to Bob that the mourners included two past Presidents of the JFA, the JVI committee, many of pioneers of Australian judo as well as current national team members and champions.

Bob started Judo in 1950 at the YMCA club in Melbourne and devoted much of his life to judo. It is a tribute to his commitment that Bob came to Springers to help run our Winter tournament on the day before he had a heart attack.

Frank Dando delivered a eulogy that was a celebration of a life and of Bob's commitment to his family, Judo and Collingwood.

Southern Cross Open 2013

Congratulations are due to Sandy Hollingsworth and all of her volunteers for putting on an excellent tournament. We had over 170 individual entries and the senior men's divisions included 6 out of the 7 current national champions.

We witnessed some outstanding judo.

I haven't got room to single out all of the volunteers but I want

It was great to have Lubo Petr and Mr Woo from the National Referees Commission to join Peter Alway and me to oversee the matches.

After the tournament we received a lot of positive feedback on the high level of the organisation of the event and the friendly and helpful way that we welcomed our visitors.

Judo Victoria is going to review the tournament and would like to have feedback on the location and the best date for next year. We are confident that the SCIO



to thank our committee members that worked all weekend and our Development Officer Robyn Dawson for doing a lot of the leg work in Melbourne.

I also wish to thank our interstate volunteers Neil and Robyn Hayes who came from Canberra to run tournament control and the six interstate referees that came to Melbourne to support us.

will be bigger and better next year.

I wish to thank the City of Greater Dandenong for their generous support for the Southern Cross Open. It was great to have the Mayor, Cr Angela Long in her full robes and chains presenting the medals.

Neville Sharpe
JVI President

Thomastown Judo kids conquer Park Hyatt Melbourne



There is no bigger night on the Mental Health Foundation of Australia's social calendar than the annual "Golden Opportunity Ball" fundraiser. Corporate tables of ten people cost \$10,000 – so don't come unless you have a lot of spare change, want to mix with the rich and famous and expect first-class entertainment. In previous years

international Jazz musician James Morrison and "Phantom of the Opera" stars Anthony Warlow and Ana Marina have lead the entertainment. This year it was the turn of Judo Olympian, Ivo Dos Santos, 2013 Senior women's national champion Sara Collins, Alexia Kalaitzis, Christopher Kalaitzis, Jordan Bogdanovski, Elias Bogdanovski and Isabella Bogdanovski from Evolve Judo Club, Thomastown to "wow" the glitterati. They did a wonderful job and received a standing ovation at the end.

Ivo Dos Santos is not only a top-notch Judo player, his winning

ways extend to being an impressive coach and mentor to future champions. He is also a very articulate and affable ambassador for Judo; as he demonstrated while being interviewed by John Deeks - well-known Australian television presenter and voice-over artist for the Seven Network.

Why Judo champions starring at a mental health fundraiser? Judo's founder, Dr. Jigoro Kano, was primarily an educator. Therefore it should be no surprise that Judo is largely about developing emotional resilience, cooperation and good life habits – as well as achieving personal goals. These are exactly the aims and objectives of the Mental Health Foundation of Australia for the Victorian public. It's not often you get to demonstrate your Judo prowess in front of 200 "Very Important People" when you are only 7 years of age.

The Hon. Mary Wooldridge MP - Minister for Mental Health, Minister for Community Services, Minister for Disability Services and Reform – as well as a mum with a young family, later asked where her children might learn Judo. Mission accomplished for the evening thanks to coach Ivo, Sara, Alexia, Christopher, Jordan, Elias and Isabella!

If you or your club want to celebrate the benefits of mental resilience, perseverance and good habits bred from Judo, be a part of Victorian mental Health Week 2013 - between October 6th - 12th.

www.mentalhealthvic.org.au/index.php?id=178

Jim Goodin **Mental Health Foundation Australia (Vic)**



A Tribute to Bob Todd

by Ragini Hill (ex Student)

I was a student of Bob's in the 90's when he taught me at Nunawading Recreational Centre.

Being a person in my early 20's, Bob guided me not only as a Sensei but like a father. He was very passionate about Judo which anyone would know after talking to him. He made the classes informative with all the standing up and ground work and at the same time shared great laughs and jokes. His down to earth personality and teaching methods were second to none.

My admiration about Bob was his ongoing commitment to making his students work hard and getting them better with his non-military type of teaching.

I clearly remember my days at the competition where Bob would provide so much encouragement especially if I wasn't doing so well that I didn't get to feel like a total loser and giving up Judo. At times, his voice still rings in my ears—"go get 'em" and it has been a long time since I have seen Bob.

Thanks to him, I have earned gold and 3 silver medals in my time under his guidance and got to represent Victoria at Nationals.

Just like me, I'm pretty sure that he humbly touched other lives. He was one of a kind...

Cheers to you Bob and Rest in Peace



Athlete Profile

Hannah Trotter

Resilience Judo

In each edition of the JVI Newsletter a Judoka will be profiled.

How did you become involved with Judo?

I started judo at the age of 7 along with my two brothers. I was introduced because of my mother's Japanese heritage, as she wanted me to try something traditional.

She was also pretty scared of the bullies at my school and wanted me to be able to defend myself!

Why should girls do Judo?

I think girls should do judo for the same reasons as boys would, - fitness, self defence, mental strength and to achieve their dreams!

Who has been the most important influence in your career?

All of my judo friends and family, but my coaches, Daniel, Maria and Ivo have definitely impacted my judo over the past few years .

What is your favourite Judo technique?

O uchi gari

If you could have a Superpower what would it be?

I would love to teleport and never have to catch a plane again

How was your first AASC program? Do you have any advice for coaches?

My after school program experience was a lot of fun. I coached kids from the ages of 5-8, some with disabilities. Therefore it was important to match people appropriately, as well as making sure they were always included! Most of them were excited to jump in and learn new techniques. They especially loved Newaza, and launching each other, or themselves into the crash mats! My advice to active after school coaches is to mix up your sessions, and keep them as busy as possible!



Judo Victoria appoints Coaches and Managers for 2014

Judo Victoria has appointed Maria Pekli and Daniel Kelly as the Senior Coaches and David Nabulsi as the Junior team coach for next year.

We are very proud to have such outstanding judoka as our state coaches.

JVI has also appointed Jean Coughlan-Poole as our state team manager for 2014 after her outstanding work this year.

The committee felt that it was important to make early appointments to allow for planning and for Jean to make an early start to fundraising for support of our team.

Our coaches and manager will now put together a support team to support our athletes.

Victorians at World Titles

Congratulations to the following competitors that have been selected to represent Australia the 2013 Junior (Slovenia October) and Senior World titles (Rio in September).

All of Victorian judo will be supporting you.

Senior Women: Hannah Trotter 52 kg,

(I think we should also claim Sarah Collins as well!)

Senior Men: Tom Pappas U 60, Eoin Coughlan U 81,

Mark Anthony U 90 and Jake Andrewartha Over 100.

(Ivo Dos Santos declined his participation in 66kg category).

Junior Women: Maeve Coughlan U57 Aoife Coughlan U 70

Junior Men: Noam Tidhar U 66, Jake Bensted U 73 Liam Park over 100

This Space for Rent-

If you have a business and would like to advertise it through the Judo Community please contact the Development Officer –
development@judovictoria.com.au—nominal rates