

## SPECIAL POINTS OF INTEREST:

- Presidents Report
- Australian Masters games
- Referees Seminar
- JVI Committee Update
- Athlete Profile

## KEY DATES

### July 21st

JVI Winter  
tournament  
Kata ,Shiai , Masters

### August 9th –11th

Southern Cross  
International Open  
Entries Open

### October 5th –12th

Australian Masters  
Games

For more details  
about these events  
see website

## President's Report Neville Sharpe

### Calling all Clubs- *Get behind the Southern Cross Open*

I am calling on all clubs to get behind the 2013 Southern Cross Open. Last year's Southern Cross was very successful and we want to make the 2013 SCIOC tournament even better.

It is important that our Victorian competitors have a major, national, point scoring event on home ground! If we can get eight or more competitors in each division in the senior events ,the winners will get as many points for national team selection as the higher graded events in the ACT and Queensland.

We have Australia's top senior players in Victoria and our members shouldn't have to always go interstate to get top competition.

### **Sandy Hollingworth - new Tournament Director:**

I am pleased to report that

Sandy Hollingworth has accepted the position as the Tournament Director for Judo Victoria.

Sandy has been the Tournament director in the past and is already busy putting a team together to run the Southern Cross open in August.

If anyone is willing to help with the running of tournaments please contact Sandy – [tourndir@judovictoria.com.au](mailto:tourndir@judovictoria.com.au) or the JVI Secretary. All help will be gratefully accepted!

### **Social Media and Judo:**

Facebook and other forms of social media are the best way to keep in contact with friends and a great way for Judo Victoria to communicate with our membership. We encourage the use of social media and see it as a positive tool for communication. Unfortunately social media has a down side in that, if, in the heat of the moment you put something negative on the net that you might later regret, it is too late as your post will be out there forever!

The best course of action is to stop and think before you post anything on the net.

For this reason JFA has adopted a Social Media Policy and a copy can be found on the JVI website under Documents/ Policies.

### **Neville Sharpe JVI President**

(Neville's report continues on page 3)

JUDO VICTORIA PRESENTS  
THE SOUTHERN CROSS  
INTERNATIONAL  
CHAMPIONSHIPS

10th & 11th August 2013

Springers Leisure Centre  
400 Cheltenham Road  
Keysborough



FOR RULES AND FURTHER DETAILS GO TO  
[judovictoria.com.au](http://judovictoria.com.au)



Sandy was one of the team that worked on the recent Nationals in Wollongong.

We have three big tournaments in the second half of the year: The Southern Cross in August, the Australian Masters Games in Geelong in October and the State Titles in November.

**14<sup>th</sup> AUSTRALIAN  
MASTERS GAMES (AMG)  
GEELONG  
JUDO 5th & 6th OCTOBER  
2013**



**XIV AUSTRALIAN  
MASTERS GAMES**  
GEELONG 5-12 OCTOBER 2013

Whether you competed in Geelong in 2009 or perhaps this will be your first Masters Games we look forward to seeing you in October.

Minimum age for the Judo AMG competition is 30 years and the age is determined at 31<sup>st</sup> December 2013.

Judo is one of 55 Sports being represented at the Games which celebrates continued participation in sport and being active for life.

If you are thinking of joining us in Geelong for a day or a week check out the AMG site on [www.australianmastersgames.com/](http://www.australianmastersgames.com/) as the Games run from the 5<sup>th</sup> to the 12<sup>th</sup> October.

*If you are interested in becoming a referee contact Stan Ashley - [refchair@judovictoria.com.au](mailto:refchair@judovictoria.com.au)*



## Referees Seminar

On the 7 July 2013, the JVI Referee Commission conducted a Refereeing Rules seminar at Shinojimakai Judo Club in Ashwood. The seminar went from 9:30 am to just after noon and there were twenty two people in attendance. The theme of the presentations was "Back to Basics – How to Referee". The topics presented covered ten basic issues facing beginning referees/candidates and there was some lively discussion on many "grey areas of refereeing". Clarification of some

## Australian Masters Games

The Activities run by the AMG, commencing with the Opening Ceremony on the Saturday night, are always great fun and there is plenty to do around Geelong and its surrounding areas.

Kata is being contested on the Saturday and will finish in time for the AMG Opening Ceremony.

This year a Novice Nage no Kata has been included providing opportunity for new comers to this component of our sport to have a go.

The AMG Shiai competition is being held on the Sunday and will be combined with the JVI Shiai competition.

Please note there will be no Masters Categories included in the JVI competition, all Masters entries will be through the AMG.

Entries are already flowing in so check out the information on the AMG website and take advantage of this year's Masters being held in your home State by adding your name to the list of competitors.

Janet Lambert  
[AMG Organising Committee](#)

technical issues were explored through mat demonstrations. Many thanks to Lauren, Malcolm, Rodney and Chris for their participation.

A presentation by Malcolm on "How to Start Refereeing", Trudy on "Mat Presence" and by Chris on "Starting and Stopping a contest" were highlights of the workshop.

All who attended seemed a little more enlightened by the presentations: a morning well spent.

Stan Ashley  
Chairman,  
JVI Referee Commission.

In each edition of the JVI Newsletter a Judoka will be profiled.

*Why did you take up Judo?*

I originally practised BJJ for a limited period, and I found that I naturally excelled at the sport. I then tore the cartilage in my right knee during practice. After surgery and a long recovery period, I found myself reluctant to return to BJJ in fear of another knee injury. I watched some Judo fights on TV during the London 2012 Olympics and loved the grappling style. I had little knowledge about Judo so I did some research about the sport's origins, philosophy, and style, and I knew that this was the martial art for me.

*How long have you been playing Judo?*

I've been training at the Western Judo Academy for approximately 10 months now.

*How were your first Nationals?*

I trained pretty hard getting ready for the Nationals. So I was confident. But deep down I knew that my Judo was still very fresh. Nerves started kicking in before my first fight, so I just reminded myself that I was there to have fun. Winning the gold in the Kyu grade comp felt amazing. Although I didn't make it to the final on Sunday's Senior comp, I was still happy with the way I fought, also taking into account that I was a little fatigued from Saturday's Kyu grade fight. Despite being battered and exhausted from the Kyus and Seniors, fighting in the Open was a thrilling experience.

*What is your favourite Judo technique?*

Hold downs seem to come naturally for me so I'd have to say the Tate Shiho Gatame for Ne waza. The Harai Goshi is a technique that I want to use more often.

*Do you have any Judo goals?*

At the moment my eyes are set on earning a spot to represent Australia at the OJU World Cup in Samoa. I know I can achieve this if I stay committed and focus on bettering myself every time I step onto the mat. If I do well at Samoa, then I'll look forward to more challenging goals.

*What's your favourite thing to do when you're not doing Judo?*

That's really hard to answer because I enjoy many pastimes. I love the outdoors so I often find myself on spontaneously embarking on a hiking adventure on weekends. I also love to read non-fiction literature. Acting and writing screen plays are another hobby that I'm passionate about.

## Athlete Profile

### Aris Parente

Western Judo Academy



## JVI Committee Update (Presidents Report continued from page 1)

### Malcolm Slade appointed Registrar of JVI:

I am pleased to announce that Malcolm Slade has taken over as the Registrar of Judo Victoria Inc. Malcolm has been the registrar in the past and is already busy dealing with membership matters.

Malcolm's first challenge will be to deal with the many problems that we have experienced with the National Data Base system which is not meeting our needs. Our former registrar Linda Hallas was very critical of the national system and cited it as one of the main reasons for her resignation.

JVI has put a strategy in place to deal with these issues. The first change is that the Treasurer is invoicing clubs for all club memberships to guarantee that we have an accurate data base. We will inform you as soon as any additional changes are put in place.

## AASC and Judo!

It is an exciting time for Judo Active After School Community Programs.

During Term 2, JVI clubs and coaches were involved in over 15 AASC programs around the state and over 250 children participated—the largest number ever.

Term 3 sees programs in Keysborough, Box Hill South and Tecoma for the first time.

Training dates for Term 3 have been confirmed so if there are any coaches interested in undertaking the *Free* training please contact the Judo State Coordinator Kellie—[kellie.mcpherson@ausport.gov.au](mailto:kellie.mcpherson@ausport.gov.au)

**Active After-school  
Communities**

Helping kids and communities get active