



JUDO VICTORIA
INCORPORATED
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SPECIAL POINTS OF
INTEREST:

- **President's Report**
- **Athlete Profile**
- **Strategic Planning Day details**

**KEY
DATES**

October 5

Strategic Planning Session

October 26

World Judo Day tournament

November 9

AGM

For more details about these events see website

JVI Newsletter

VOLUME 2 NUMBER 8

SEPTEMBER 2014

President's Report Neville Sharpe

Welcome to the September Newsletter.

Daniel Kelly will be the Acting President for the month of October:

I am looking forward to taking a holiday for the month of October and am pleased to announce that our Senior Vice President Daniel Kelly will be the Acting President all of this time. I will be back in time for the Judo Victoria Inc. Annual General Meeting on the 9th of November.

Today, more than 20 million people practice judo around the world on a daily basis. The IJF has 200 national member federations and five continental unions.

Honour was voted as the most popular theme by fans on the IJF Facebook page.

The theme of Honour fits in very well with the Judo Victoria's Values program that we launched this year.

As a part of that process we have produced a sticker that we are giving to clubs to distribute to members in which Maria Pekli is quoted as:

Honour

Do What is Right

In the tradition of the Samurai:
be of Good Character and do the right thing by your teammate and opponent.

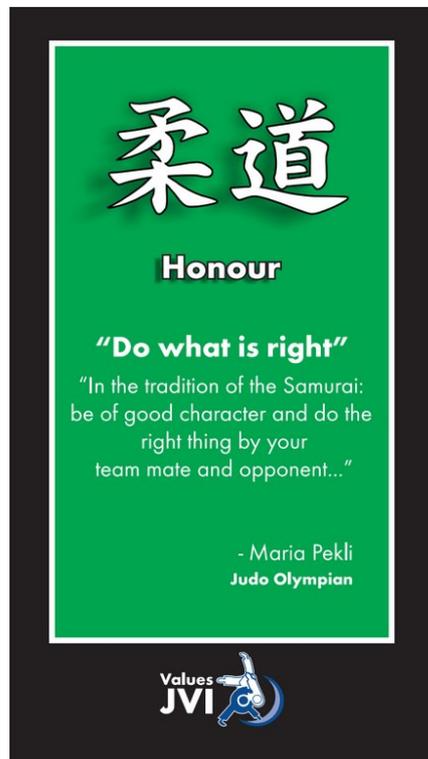
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Judo Victoria Inc. AGM:

Our AGM is planned for the 9th of November. Our Secretary Rod Cox will be sending the formal notices to all registered Clubs as per the requirements of our Constitution.

I encourage all clubs to attend the AGM.

[Neville's Report continues on page 2](#)



Honour is the theme for the World Judo Day 2014:

Previous themes were - PERSEVERANCE (2013), JUDO FOR ALL (2012) and RESPECT (2011) for the day which is dedicated to coaches, fans, judoka and everyone with a passion for one of the world's most widely practiced sports.

World Judo Day takes place on the same date every year since 28th October is the birthday of Jigoro Kano, the founder of Judo.

Melbourne Budo Academy

Are you an experienced and motivated Judo instructor looking to establish your own student base and club?



The Melbourne Budo Academy is a full time dojo located in Fitzroy and we currently have a great dojo available to rent on Monday, Thursday and weekends at a very reasonable price.

For further information please call Jon on 0422-455-659 or email info@melbournebudo.com.au

Athlete Profile

Miki Mayer



How did you become involved in Judo?

My mum saw an ad for Judo at the local community centre and thought it would be good for me to try. From then, there was no looking back, and even through injuries, I always came back on the mat. A couple of years after starting, I moved to one of the top clubs in Israel, where I was training with the top Judokas in the country. I joined the national team where I trained until I arrived in Australia.

What do you love about Judo?

I always liked the training and commitment to becoming better, learning new techniques and the competitions that come with it. As a student this required discipline to wake up early for training before school, giving up on TV to do my homework so I could go later to practice, watch what I ate, etc. This taught me how to set up goals and pursue them. Even today, as a Masters competitor and a coach, I still set up goals for myself and help my students to do the same and achieve more.

Is Judo a sport, martial art or a way of life?

I believe this depends on the player's stage in life. As a child, I started Judo as a martial art, probably confusing it for Karate, which was quite big those days, because all kids wanted to throw some kicks and punches. As I was growing up, it changed to a sport,

where you compete, win medals, and get to represent your country in international competitions. As an adult, it is now a way of life where I try to develop the Judo values in my children and students.

You have a very successful club with lots of juniors. What advice would you give other coaches who are thinking of starting a club?

It's OK to start small. You do not need expensive Judo mats or a large place in order to start a club. Focus on delivering great sessions to your players which promote balance, coordination, discipline, respect, spirit, and strength.

What do you 'get out' of coaching?

I get great satisfaction that what I know (and still learning) is being passed on to the next generation. Judo has given me a lot in life and shaped me as a person. I am very proud when my players win at competitions and when players from other clubs travel to attend my classes. This gives me the motivation I need to keep going.

What is your favourite technique?

Uchimata - Pulling your opponent on your hip, while standing on one leg requires many elements to be able to throw with: balance, strength, position, timing, flexibility, commitment, and more.

You still enjoy competing and have held or hold a number of titles. May I ask what they are?

I have won several State titles (Seniors and Masters) and a National title. I also have several Israeli National titles in all age divisions from under 12 to Seniors.

How should JVI promote or market Judo?

I think that Judo should be promoted more as a sport around the core values rather than a martial art or way of life. It is hard to compete against the mainstream sports like rugby and football however Judo can compliment these sports and attract more players. The same happened to BJJ when MMA started to gain popularity. Players realise that it is up to you to be a winner, while in group sports, you depend on your teammates.

Neville's report continues- JFA (National) AGM:

We have received preliminary notification that the JFA (National) AGM will be held on Saturday the 22nd of November, the weekend after the OJU Continental Cup in Wollongong.

The JFA has previously informed us that the AGM will be accompanied by a strategic planning workshop to which its members, the State affiliates are invited.

Nominations for positions on the JFA Board must be "received by the JFA Secretary at least 21 days prior to the Annual General Meeting."

The JFA doesn't have a nomination form but the rules specify that the nomination form must be signed by the nominee to confirm that he/she is willing to accept the position if elected.

Notices of Motion for the JFA (National) AGM must be "to the Secretary in writing not less than 28 days (excluding receiving date and meeting date) prior to the General Meeting."



In response to a number of enquiries with regards to the strategic planning day and the selection of attendees, we thought it would be worth outlining the process we have followed to ensure the most positive outcomes for the Judo community here in Victoria.

The process basically included three major areas of activity:

1. IDENTIFICATION OF STAKEHOLDER GROUPS

Initially we set out to identify the groups of stakeholders affected by JVI, and we arrived at the below list of key groups:

- Internal stakeholders: Elite Athletes, Non-elite athletes, Kata Competitors, Coaches, Club administrators, Referees, Volunteers, Non-participating parents
- External stakeholders: JFA, Australian Sports Commission, Sport and Recreation Victoria

2. SESSION PREPARATIONS

We then set about the organisation of a strategic planning day this included:

- Selecting facilitators
- Deriving agenda of key issues to tackle
- Working with professional facilitators to get a balance number of participants
- Selecting an appropriate location

3. IDENTIFYING INVITEES

Based on the ideal number of participants, topics being discussed and stakeholder groups to be covered we created a long list of potential individuals to invite that would achieve the greatest coverage of stakeholder groups and contribution to the issues being covered whilst limiting numbers to a productive workshop size.

We have also aimed to ensure that a number of clubs are covered by a mix of stakeholders to represent any ideas from their dojo.

Please note that invites have not been sent out at this stage, they will be sent out (hopefully) this week to a first list of target individuals. As any declines are received we will progress down the list until all available places are filled.

Regretfully we cannot invite everyone to attend as large numbers would limit the productivity of such a workshop, but the above approach should ensure we get the views from the majority of key stakeholder groups.

In addition, following the session and based on the inputs during the session we will be preparing a number of surveys to get targeted perspectives from the broader JVI community. This will help ensure that everybody does get to have a voice in shaping our strategic agenda.

We hope this helps answer your questions. We are looking forward to sharing the outcomes of this workshop and the new strategic direction for JVI with you at the upcoming AGM in November. If you have anything further please reach out via email to the JVI secretary and the committee will endeavour to answer these as soon as possible.

On behalf of the JVI committee,

Adrian James