

First Name:

Phone:

<u>Judo Australia – Coach Judo Application</u>

Last Name:

Email:

Member Number:	DOB (18+ Y	ears):
Club:		
Prerequisites		Completed
ASC Online Coaching Principles		
First Aid Qualification		
Working with Vulnerable People Clean	rance	
Heads Up Online Course		
ASADA Level 1 Online Education		
Completed Lesson Plan		
Game-Based Activity Involving Agility,	Balance, Coordination	or Speed (5
mins) – Can bring to the course on the	e day	
Please scan and attach all relevant evidence of course coordinator.	completion for the prerequ	ilsites and send via email to relevan
Name	Signatura	 Date
warne	Signature	Date



Lesson Plan Template

Sensei Goals			Judoka Goals	
Equipment		Venue		
Time/What	Activity	Main Teachin	g Points	Safety
Warm Up				
Game/Activity				
Skill				
Warm down				

Game-Based Activity

Time/What	Activity	Main Teaching Points	Safety
(Agility, Balance,			
Coordination,			
Coordination or			
Speed)			
5 Mins			