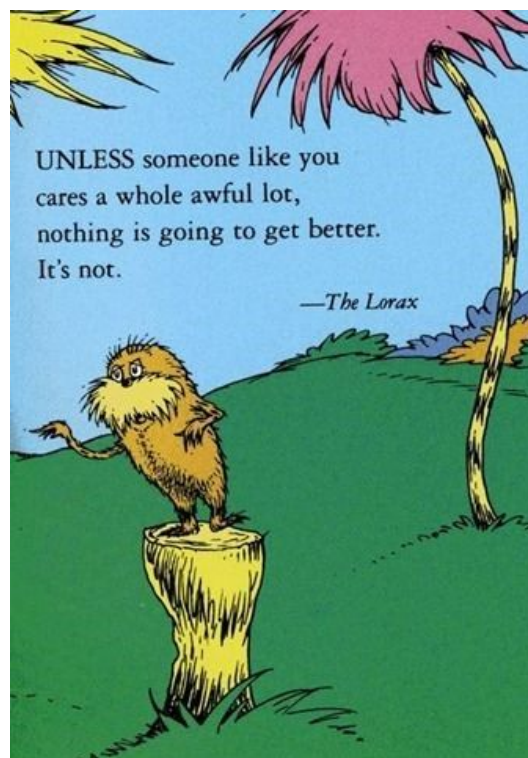




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Welcome to the May Newsletter

*Janet Lambert, JVI Life Member and Committee of Management Member writes the newsletter introduction this month. May is **National Volunteer Month**.*

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Why do I volunteer?

I grew up in a family of Volunteers so it was a natural progression for me to be a volunteer from a very young age.

I was asked why I enjoy it here are a few of the reasons-

It can be fun and I've made life-long friends and met new people.

It allows me to continue a broader involvement with my love of Judo.

As part of my career path I also volunteered, providing an opportunity for me to further understand life challenges.

I enjoy spending time being proactive and making a difference.

Passing on my knowledge and skills to others and learning new skills -surprising myself!

Sharing opportunities with family

A sense of belonging and enjoying helping others.....

Caution: Volunteering can become addictive!

Time commitment can sometimes evolve above your expectations, but don't let that stop you, hasn't stopped me yet ! Once we are operating under the "New Normal" I suggest that if you are new to volunteering, initially make a task limited commitment, for example volunteering for half a day to help out at a JVI Tournament or have fun spending a day at a JVI Camp?

Come up and introduce yourself to me - I'd be happy to show you the ropes!
Janet

"Ask a Ref"

Shido There has been several questions and information requests about Shido, for the Ask a Ref section of the newsletter.

The JVI Referee Commission suggests that this video is worth viewing.

<https://www.youtube.com/watch?v=bamtcNQfoxA>

Ippon The Commission also suggested that this youtube video provides a straight forward explanation of scoring an Ippon.

https://www.youtube.com/watch?v=TtaV_6ZUfTI



JVI Volunteer of the Year Honour Board

2011: Paul Bensted

2012: Jean Poole-Coughlan

2013: David Nabulsi

2014: Garry McPhee

2015: Garry McPhee

2016: Jean Poole-Coughlan

2017: Ian Wallis

2018: Patricia Dafter and Helen Dronryp (2 awards)

2019: Faye Bensted

Judo Victoria 2020 May Newsletter



Neville Sharpe appointed Secretary of Judo Victoria Inc.

Life Member Neville Sharpe is now the Secretary of Judo Victoria replacing Alice Le who is remaining on the committee in another role. Neville is a retired school Principal with over 40 years experience in Education.

In addition to this he has been the honorary President of a Not for Profit Disability Services Company that turns over \$10 million per year. Neville has held executive positions- President, Vice President and Treasurer of JVI in the past.

At the national level Neville has been a JA director for over 10 years including a 4 year term as the JA Treasurer from 1998 to 2002 and a term as the JA President and Deputy Chairman for a total of 4 years.

One of Neville's main priorities will be to lead a review of Governance in Judo Victoria, coming on the back of successfully leading major Governance reform in the JFA .

Neville is also the Victorian contact person for the Judo Australia, coordinating the return to judo following COVID19.

Can martial arts be practised?

Martial arts including judo, karate and taekwondo must be modified so participants maintain physical distancing.

Participants must remain at least 1.5 metres apart. Activity should be training only, no competition, and in line with the limits on gatherings.

From 22 June, you should be able to practice martial arts indoors, if you are in a group of no more than 10 people and the four square metre rule is met.

We will update clubs on any more updates as the information becomes available.

JVI Secretary 28th May 2020



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May Newsletter Judo Victoria Inc.

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