

## **Judo Victoria COVID Management Response**

The start of 2022 has proved challenging with an increased outbreak affecting many people throughout Victoria. COVID will remain part of our daily lives and will be something we all must continue to manage.

Judo Victoria continues to work within the Directions provided by Victorian Government and Public Health advice to ensure our members stay safe and healthy.

Anyone over the age of 12 years and 2 months, should be fully vaccinated or have evidence of a medical exemption.

JV will not be asking anyone under the age of 18 for proof of vaccination.

To ensure that our tournaments and State Squad training can continue, Judo Victoria will continue to maintain COVID practices in line with our COVID Safe plan, to minimise the risk and keep our members safe.

Key requirements for anyone intending to attend a JV tournament or training, including players, Coaches, volunteer s, Referees and spectators:

- i) Anyone who is experiencing COVID symptoms must not attend and is encouraged to undertake a Rapid Antigen Test (RAT).
- ii) Should not return to participating or training until they are symptom free, however mild.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhoea

## **COVID Practices**

- Check in: Everyone must check in to the venue using the Service Victoria QR code provided or sign in manually [interstate visitors].
- Hand sanitiser will be available for all
- Masks: Everyone must comply with current Victorian Government regulations and are required to wear a mask unless participating in physical activity or an exemption exists. JV will have spare masks if required.
- Anyone with a medical exemption must report to COVID Coordinator and have their exemption recorded.
- Access to the venue is through the designated entry for Judo
- Referees and officials will be allocated a separate toilet and catering/refreshment area
- Spectators: All spectators and competitors should practice social distancing.
- Mats and Weigh In Scales: will be sanitised before and at regular intervals before and during the tournament.
- Hand Hygiene: Players should not shake hands or hug at the end of the match and all participants are encouraged to sanitise frequently.

## **Confirmed COVID Case**

If any participant is confirmed as having COVID during the event, they must notify the venue and inform JV as soon as possible.

The individual must isolate in accordance with Government guidelines.