

A Judo Victoria, Kata sub-Committee

KATA WORKSHOP

Nage-no-Kata & Kodokan Goshinjutsu

(Kata created and recommended by Dr Jigoro Kano and the Kodokan)

Sunday, August 20 – 10 am to 4 pm

CAULFIELD JUDO CENTRE

Rear, 1147 Glen Huntly Rd., Glen Huntly



Instruction by:

INTERNATIONAL KATA EXPONENTS:

Michelle Matthews 6th Dan

IJF Kata Judge, OJU Kata Commission

International Kata Competitor

Janet Lambert 6th Dan

JA Kata Judge

World Kata Championship Competitor

OTHER SUB-COMMITTEE MEMBERS:

Rodney Cox 5th Dan

IJF/OJU Kata Judge, JA Kata Commission

International Kata Competitor

Hunter Richardson 3rd Dan

National Kata Competitor

Wear a **WHITE** Judogi.

Morning Tea & Lunch provided.

Email your name, age, grade, which Kata above is your main interest; also if you wish to present for feedback at the end of the day, to:

michelle.ann.matthews@gmail.com

Register by paying \$50 into the JVI account:

BSB: 013 384, A/C: 2627 54857.

Include your name and "Kata 3" as Reference.

Registrations close: 11.59 pm, Wednesday, August 16, 2023